

# Other initiatives in Liberia

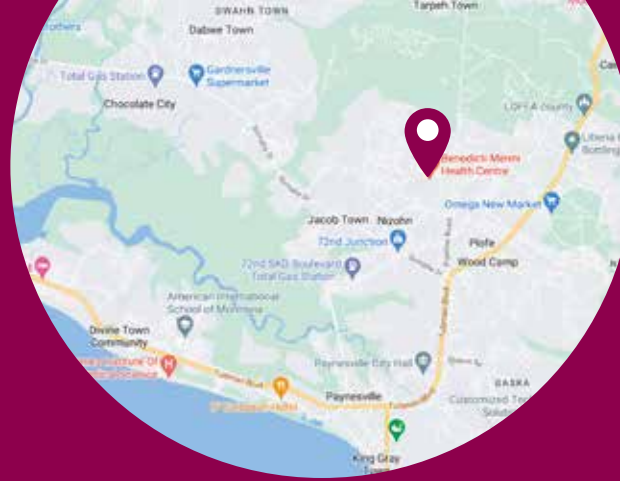
## ■ Training Center

Psychiatry Residency Program under the Liberian College of Physicians and Surgeons (LCPS)

Nursing and Social Work from Mother Patern College of Health Sciences including a Master Program in Social Work.

■ **Business Empowerment and Development Program** to reincorporate women into the community so they can be economically independent.

■ **The Scholarship Program** for children and Tertiary Education for youths.



**ST. BENEDICT MENNI HEALTH CENTRE**  
Pipeline, Paynesville  
1000 Monrovia, 10

## Contact us

Telephone: +231778352281

Web: [www.sistershospitallers.org](http://www.sistershospitallers.org)  
[www.wearelikeyou.org](http://www.wearelikeyou.org)

**DISCOVER**  
our project



# St. Benedict Menni Mental Health Centre



NCHC



World Health Organization



Sisters Hospitallers  
ENGLISH PROVINCE

WE ARE LIKE YOU

# About us

**Sisters Hospitallers** of the Sacred Heart is a Catholic Faith based, non-profit organization born in 1881 that operates in 27 countries. It's present in Liberia since 1966.

Our Congregation manages more than 200 centres worldwide, counts on more than 1.200 sisters and 8.700 co-workers and provides care in:

- Mental health care
- General medicine
- Maternity services
- Elderly care homes
- Special educational needs

Our core value is **Hospitality**. Above all, it drives our daily work and guides the service we provide in all our centres around the world.



# Our mental health programs in Liberia

**St. Benedict Menni Health Centre** operates in Monrovia under the auspices of the National Catholic Health Council (NCHC) and the Ministry of Health of Liberia.

It comprises **two facilities**: the **Health Center**, where emergency, consultation, maternity, vaccination and laboratory services are provided, and the **Mental Health Centre**.

In 2017, **Sisters Hospitallers** with the WHO and other partners' financial support opened this facility as a collaborative project named **We Are Like You**, which aims to improve the well-being of women living with mental illness.

Our core objective is to restore dignity, improve physical and psycho-social well-being, and reintegrate our patients into the community through a multi-disciplinary approach.

The **Mental Health Center** offers two main programs:

- The **Step Down Unit** is a psychiatric mid-stay unit.
- **Substance Use Disorders (SUD)** Program.

All programs are focused on the rehabilitation of persons living with various mental disorders through psychotherapy, pharmacotherapy, and occupational therapy as main tools aimed at reintegration of affected ones, with a clear orientation towards person centered care models and social reintegration, including an Empowerment & Business Development Program.



# What we do

- Medical and nursing care
- Psychosocial interventions for patients & families
- Individual Care Plan
- Occupational therapy
- Psychoeducation
- Health education
- Activities of daily living
- Cognitive stimulation
  
- Follow-up consultations
- Home visits
  
- Inpatient care only for women
- Outpatient consultation for men, women, and children
  
- Repatriation
- Ambulance services