

A new step.

We want to build **a new ward** to increase the space dedicated to offer personalized care and comprehensive support:

- 10 individual rooms.
- Individualized care plans.
- Counseling services and support groups.
- Specialized therapies and educational programs.

New ward



Floor plan



You can help...

- ... improve access to quality care.
- ... reduce the stigma associated with mental health.
- ... promote well-being and social inclusion in the community.
- ... promote empowerment and reintegration programs.

You can help us change lives.

How to donate?

- Online: **www.sistershospitallers.org**
www.wearelikeyou.org
- Check or transfer to:
St. Benedict Menni Health Centre
Account # 00121971298710102
International Bank (Liberia) Ltd.
SWIFT code: IBLRLRLM
- In-person at:
St. Benedict Menni Health Centre
Pipeline, Paynesville. Monrovia.
Telephone: +231775762816



Sisters
Hospitallers
ENGLISH PROVINCE

WE ARE LIKE YOU

Change LIVES

We change lives.

Since 2014, we've been helping women who suffer mental illness recover their health and dignity. We've been helping them recover their lives.

Now, **we invite you to join** this transformative initiative by helping us fund the growth of our mental health facility.

With your contribution, we can enlarge this safe, supportive and inclusive space and shelter individuals struggling with substance use and addiction disorders.



**Help us build
a better future
for those
who need it most.**

About us.

Sisters Hospitallers of the Sacred Heart is a Catholic Faith based, non-profit organization born in 1881 that operates in 27 countries. It's present in Liberia since 1966.

Our Congregation manages more than 200 centres worldwide, counts on more than 1.200 sisters and 8.700 co-workers and provides care in:

- Mental health care
- General medicine
- Maternity services
- Elderly care homes
- Special educational needs

Our core value is Hospitality. Above all, it drives our daily work and guides the service we provide in all our centres around the world.

www.sistershospitallers.org

Our mental health programs in Liberia.

St. Benedict Menni Health Centre operates in Monrovia under the auspices of the National Catholic Health Council (NCHC) and the Ministry of Health of Liberia.

It comprises two facilities: the **Health Centre**, where emergency, consultation, maternity, vaccination and laboratory services are provided, and the **Mental Health Centre**.

In 2017, Sisters Hospitallers, with the WHO and other partners' financial support, opened this facility as a collaborative project named **We Are Like You**, which aims to improve the well-being of women living with mental illness.

Our core objective is to restore dignity, improve physical and psycho-social well-being, and reintegrate our patients into the community through a multi-disciplinary approach.

The Mental Health Centre offers **two main programs**:

- **The Step Down Unit** is a psychiatric mid-stay unit.
- **Substance Use Disorders (SUD) Program**.

All programs are focused on the rehabilitation of persons living with various mental disorders through psychotherapy, pharmacotherapy and occupational therapy as main tools.



Discover our project.



What we do.

- Medical and nursing care
- Psychosocial interventions for patients & families
- Individual Care Plan
- Occupational therapy
- Psychoeducation
- Health education
- Activities of daily living
- Cognitive stimulation
- Home visits
- **Training Centre**. Psychiatry Residency Program under the Liberian College of Physicians and Surgeons and Nursing and Social Work from Mother Patern College of Health Sciences.
- **Business Empowerment and Development Program** to reincorporate women into the community so they can be economically independent.
- **The Scholarship Program** for children and Tertiary Education for youths.